**Let Jesus heal your wounds**

Have you ever felt hurt inside? There are a lot of situations that can hurt us: people talking behind your back about you, friends that excluded you or classmates that bullied you…

Jesus offers real healing of those hurts and wounds inside! A good first step is to tell Jesus about what bothers you, about your pain inside and ask Him for healing!

You will find some band-aids here! Take a pen and write on the poster what situations or people hurt you! Then take a band-aid and glue it over your writing as a sign that you hand over your wounds to Jesus! Also talk to Jesus in prayer about your situation!

Read Jeremiah 17:14.