**Clean up your life**

Are there things in your life that you don’t like? Like bad habits or negative thoughts about yourself, life, friends or your family? What troubles your relationship with Jesus?

Peter reminds us to change our hearts and turn away from evil things. And a good start for this is cleaning up our lives, getting rid of the bad stuff in our lives!

Read Acts 8:22.

We are getting used to bad habits or thoughts so quickly! Therefore create your own trash and put it in a place where you can see it every day, for example your desk! In this way you will be reminded every day to clean up your life and get rid of your bad habits and thoughts! If you want to, you can write on a note what you want to get rid of, and put it in your trash!